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Helena Palmer

Helena is a freelance casting director with over 20 years' experience, specialising in theatre. She began her casting career at the Royal Exchange Theatre, Manchester and then with the National Theatre. She was most recently Casting Director at the Royal Shakespeare Company (RSC) where she worked for twelve years on a variety of classical and contemporary plays.

Current credits include Red Velvet (The Royal Exchange) directed by Roy Alexander Weise, Blackmail (Mercury Theatre, Colchester) directed by Anthony Banks, The Fever Syndrome (Hampstead Theatre) directed by Roxanna Silbert, The Mirror and the Light (Gielgud Theatre) directed by Jeremy Herrin, and Antigone (Mercury Theatre, Colchester) directed by Dawn Walton.

For the RSC she cast 22 Shakespeare plays as well as new work including Wolf Hall/Bring Up the Bodies by Hilary Mantel directed by Jeremy Herrin (Swan Theatre/Aldwych Theatre/Winter Gardens, New York), Queen Anne by Helen Edmundson directed by Natalie Abrahami (Swan Theatre/Haymarket Theatre), Crooked Dances by Robin French directed by Elizabeth Freestone (The Other Place, Stratford), Don Quixote by James Fenton directed by Angus Jackson (co-casting – Swan Theatre/Garrick Theatre), A Christmas Carol in a new version by David Edgar directed by Rachel Kavanaugh (RST), The Heresy of Love by Helen Edmundson directed by Nancy Meckler (Swan Theatre) and Dunsinane by David Greig, directed by Roxana Silbert (Hampstead Theatre and tour).

Helena is a member of the Casting Directors' Guild.