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Helena Palmer

Helena is a freelance casting director with over 20 years' experience, specialising in theatre. She began her casting career at the Royal Exchange Theatre, Manchester and then with the National Theatre. She was most recently Casting Director at the Royal Shakespeare Company (RSC) where she worked for twelve years on a variety of classical and contemporary plays.

Current and recent credits include Cymbeline (RSC) directed by Gregory Doran, Linck and Mühlhahn (Hampstead Theatre) directed by Owen Horsley, Beginning / Cat on a Hot Tin Roof / No Pay No Way (Royal Exchange Theatre, Manchester), The Tempest (RSC) directed by Elizabeth Freestone, Mary (Hampstead Theatre) directed by Roxanna Silbert, Wind in The Willows (Wilton's Music Hall) directed by Elizabeth Freestone, Dmitry (Marylebone Theatre) directed by Tim Supple, Sarah (The Coronet) directed by Oliver Reese, Blackmail (Mercury Theatre, Colchester) directed by Anthony Banks, The Fever Syndrome (Hampstead Theatre) directed by Roxana Silbert, The Child in The Snow (Wilton's Music Hall) directed by Justin Audibert, The Mirror and the Light (Gielgud Theatre) directed by Jeremy Herrin, and Antigone (Mercury Theatre, Colchester) directed by Dawn Walton

For the RSC she cast 22 Shakespeare plays as well as a wide range of new work including Wolf Hall/Bring Up the Bodies by Hilary Mantel directed by Jeremy Herrin (Swan Theatre/ Aldwych Theatre/Winter Gardens, New York), Queen Anne by Helen Edmundson directed by Natalie Abrahami (Swan Theatre/Haymarket Theatre) and Crooked Dances by Robin French directed by Elizabeth Freestone (The Other Place, Stratford).

Helena is a member of the Casting Directors' Guild.